

Personal Goals Worksheet

What are the four things you have accomplished in your life that you are proud of?

1.
2.
3.
4.

What do you want to do in the next ten (10) years?

(Really think about this and write them down. Writing down your goals is the first step towards realizing them. Here are some ideas: Lifestyle, Personal development, Quality time, Travel, Possessions)

1.
2.
3.
4.
5.
6.
7.
8.

Pay off: Loans, Bills, Mortgage Bond

1.
2.
3.
4.
5.

Savings, Shares, Investments

1.
2.

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3.
4.
5.

Go back and put a time frame next to each goal.

When do you want to achieve your goal?

Choose one-year, three-year, five-year and ten-year goals. You will probably find you have more short term goals than long term goals. What are your four most important goals for year one? Why are they important to you?

What goal...?

1.

Why...?

.....

What goal...?

2.

Why...?

.....

What goal...?

3.

Why...?

.....

What goal...?

4.

Why...?

.....

What goal...?

5.

Why...?

.....

Business Goals Worksheet: One Year

The following section should be preferably filled up with the help of your upline. This way you will be able to “ground” your answers. This can be done alongside the orientation questionnaire.

What is your immediate income goal?

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.....

I will qualify for:

		Projected Income (K)
3★ Distributor.....	Month..... Year.....	K.....
4★ Distributor.....	Month..... Year.....	K.....
5★ Distributor.....	Month..... Year.....	K.....
6★ Distributor.....	Month..... Year.....	K.....
7★ Distributor.....	Month..... Year.....	K.....
8★ Distributor.....	Month..... Year.....	K.....

I will qualify for and attend:

		Projected Income (\$)
Bronze Lion.....	Month..... Year.....	\$.....
Silver Lion.....	Month..... Year.....	\$.....
Gold Lion.....	Month..... Year.....	\$.....

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Simple approach to managing your income

- ✚ Use your retail profits (30% mark up) to: Pay your personal bills (Living expenses, personal products)
- ✚ Use your bonus to: Pay your business bills (Talk time, transport, literature)
- ✚ Use your Honorary Bonus to: Pay for lifestyle, fun, dreams, and freedom from money worries.

Develop your plan of action

Write down what you are going to do for the next thirty days, sixty days, ninety days and so on. The key to success with Tianshi is continuously doing the basics of the business – every single day! In other words ensure that you have a game plan you adhere to.

Time Distribution Sheet (Weekly)

Name _____

Date _____

LEGEND

HRS	Description
	Training
	Coaching
	Recruiting/STP
	Prospecting
	Planning/Strategizing
	Selling
	Other Time (Personal)

Total Time _____

MONDAY	
Time	Activity
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	

TUESDAY	
Time	Activity
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	

WEDNESDAY	
Time	Activity
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	

THURSDAY	
Time	Activity
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	

FRIDAY	
Time	Activity
07:00	
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10:00	
11:00	
12:00	
13:00	
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15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	

SATURDAY	
Time	Activity
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	↓
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	

SUNDAY	
Time	Activity
07:00	
08:00	
09:00	
10:00	
11:00	
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